

PERSUASIVE ESSAY SAMPLES

Essay 1 Why Students Should Eat Breakfast Every Day

A lot of people, especially young people, go through the day without having breakfast. Many people believe that it is not necessary, or they say that they don't have time for that, and begin their day with no meal. **I believe that everyone should eat breakfast before going to their activities. The purpose of this paper is to show the importance of breakfast, especially for students.** THESIS STATEMENT

The first reason why you should eat breakfast before going to school is for your health. When you skip breakfast and go to school, you are looking for a disease because it's not healthy to have an empty stomach all day long. It's very important to have a meal and not let your stomach work empty. All you are going to get is gastritis and a lot of problems with your health if you don't eat breakfast.

Another reason for eating breakfast is because you need food for to do well in your classes. Your body and your brain are not going to function as good as they could because you have no energy and no strength. When you try to learn something and have nothing in your stomach, you are going to have a lot of trouble succeeding. A lot of people think that they should not eat because they are going to feel tired, but that's not true. Breakfast is not a very big meal, and on the contrary, you're going to feel tired if you don't have breakfast because you have spent the entire previous night without food.

The last reason to have breakfast every day is because you can avoid diseases if you eat some breakfast in the morning. If you don't eat, you are going to get sick, and these diseases will have a stronger effect on you because you're going to get sick easier than people who have breakfast every day.

You have to realize that breakfast is the most important meal of the day, and you cannot skip it without consequences for your health, your school and your defense mechanism. It is better to wake up earlier and have a good breakfast that run to school

without eating anything. It is time for you to do something for your health, and eating breakfast is the better way to start your day. (384 words)

Essay 2 The Importance of Reading and Writing (1)

Today science and technology has come to pervade every aspect of our lives. Computer, television and radio have almost replaced the newspaper and letter once dominated our lives. Accordingly, the issue about whether the ability to read and write is more important today may attract our attentions. It is clear that classified views have converged into two: some think reading and writing ability is more important today than in the past, while others deny its importance. **As I see it, I agree with the former view without any hesitation and my choice is based on a careful consideration of the following reasons.** THESIS STATEMENT

The main reason which may win most of people's support is that if lack the reading and writing ability, one would be considered as illiterate who has been deprived of the most basic right of human beings in the 21st century. It will be hard for us to imagine how somebody who can't read and write communicates with other people. A case in point is that one of my neighbors who is an old man and cannot read and write may only talk with others face to face. As for making friends by email and search information in newspaper, it is absolutely impossible.

The second reason I would like to point out is that people today who cannot read and write cannot even make a living. Good jobs are difficult to find because of economic depression. Nearly all the jobs require people who can read and write very well. Even if one just plans to be a driver, he must read the road sign and know where he is and where he will go.

Furthermore, the ability to read and write could bring us lots of advantages. Suppose that people who have tired out with a hard week's sweat and effort may get lots of benefits and relief from reading a short novel and broaden his horizon by appreciating a nice poem. Many friends around me would believe reading and writing some effective ways to relax themselves.

People today especially those children may find it easier for them to manipulate the mouse of the computer than to write things down by hand. Watching TV instead of reading may still occupy someone's most leisure time. Yet if all the factors I discussed

above are contemplated and we are to minimize the losses and maximize the gains, it will not be hard for us to realize that the ability to read and write is more important today than in the past. (421 words)

Essay 3 The Importance of Reading and Writing (2)

Is the ability to read and write more important today than in the past? Everyone has his answer depending on his experience and life style. Some people think it is true because people need not read and write in past. On the contrary, other people believe there is not big difference between today and yesterday. **As far as I am concerned, I would like to say that reading and writing are getting more important for our life day by day. In the following discussion, I will provide some reasons and examples to support my viewpoints.** **THESIS STATEMENT**

The main reason for my propensity is that knowledge is very important for us today. Without education, it is very hard to find a good job and you will have a hard time to do the work. There is too much new knowledge today. In the past days, people can teach each other by oral, therefore, reading and writing is not as important as now. However, if you enter a company today, your supervisor will only give you a instruction book and tell you begin to study it. Nobody has time to teach you by oral. If you can read and write well, you will get more smoothly at work.

Communication is **another head and chief reason** I have chosen to put here. Many professions require people to work in team to solve problems and make decisions. Reading and writing can help you to know other colleague are doing, on the other hand, it can also help you to tell other people what you have done and your plan for next step.

To be honest, I cannot deny that some people who cannot read or write also have a nice life today. Nevertheless, for the normal people, the benefits of reading and writing carry much more weight than illiterate, so the conclusion is obvious.

For all factors presented above, we can safely draw the conclusion that reading and writing are more important today than in the past. Furthermore, we should pay more attention to improve our ability of reading and writing. (348 words)

Essay 4 Why Women Should Not Have an Abortion

Many women in the entire world have abortions. Women believe there are many reasons to abort such as fear of having or raising a child, rape, or not having enough money. But whatever the situation, there is never an acceptable reason to get an abortion. **Some important reasons why women should not abort have to do with human values, religious values, and values of conscience.** THESIS STATEMENT

The first reason why women should not have an abortion is related to basic human values. Women need to think about their unborn babies who are not responsible for this situation. These unborn babies should have the privilege to live and grow into a normal person. Women need to be more humanitarian and less egoistic with these babies. On the other hand, the baby doesn't know how or why he is here. It is not necessary to kill a life; there are many other solutions to resolve this problem short of abortion.

The second reason why women should not abort has to do with religious values. In almost all religions, a woman is not permitted to have an abortion. If they do, their religions will punish them. In some religions, for example, a woman cannot take communion after having an abortion, and before taking communion again, she must do many things as a form of penitence. In whatever religion, abortion is punished and for this reason, women should not abort.

Finally, the third and most important reason why women should not abort is the related to her conscience. When a woman has an abortion, she will always think about the baby she might have had. She will always think about the future that could have happened with her baby which will always remind her that she killed it. Because she has had an abortion, she will never have a good life, and her conscience will remind her of what she had done. Because a woman who has an abortion can't forget about what she has done, these thoughts will always be with her, and the results can be calamitous.

There are many reasons why women should not have an abortion. The truth is that women need to think about the consequences that can occur before having sexual

relations. I think that the effects of an abortion can be very sad for everyone involved, both for the woman who has the abortion and for the family who lives with her.

Essay 5 Why Mexican Families Should Practice Family Planning

For a long time, Mexican couples have not traditionally used birth control. Because of this, it is very common to find big families. Therefore, the population in Mexico has increased considerably affecting not only the family itself but the whole country as well. Overpopulation is a serious problem that represents an obstacle for Mexico's perseverance. **The purpose of this essay is to explain why planning our families would help to assure family life success as well as increase the chances of Mexico's economic growth as opposed to population growth.** THESIS STATEMENT

The first reason why Mexican couples should plan their families is that in this way they can better distribute attention, time, and care among the members of the family. When a couple responsibly decides the number of children they want and can raise, they obtain a clearer perspective of the family life they expect to have. Consequently, a family is able to enjoy benefits such as having better communication with each other, sharing important moments, and strengthening family ties.

The second reason why Mexican couples should plan their families is the possibility of providing for their children's education. Mexico's general level of education is very low due to a large number of population who do not even finish elementary school. A major reason for this problem is a non-planned family. If a couple with insufficient economic resources has many children, it is very obvious they will not be able to give them an adequate education. A proof of this is the big number of children on the streets asking for money. On the other hand, a planned family helps increase the educational level among the children. Therefore, children will be given a chance to be competitive in the daily changing world.

Finally, the third reason why Mexican citizens should plan their families is the fact that Mexico has more chances of improving its competitiveness and quality of life in many aspects. We all know that family represents the basis of a society. Therefore, each and every family contributes to Mexico's economic and social situation. If we could have more conscious and responsible families planning the number of their children, our opportunities for economic growth would be increased. Building a better a

place to live increases the possibilities of receiving better services, avoiding geographical distribution problems, and improving our expectations of economic growth.

Mexico's future depends a lot on its families. For this reason, each couple should make a conscious and responsible use of their rights to decide the number of children they want. Planning our families will enable us to distribute time, care, and attention among the members of the family. Planning our families will give us the opportunity to afford education for our children. Planning our families will increase Mexico's possibilities for growth in many aspects. We should consider these enormous benefits when deciding the number of children we want. Fewer children in families will raise the quality of life both within the family and in Mexico. However, the responsibility for the final decision is only yours. (507 words)