

Your Name

Course Number

Instructor Name

Date

Low GPA

Studying at Presbyterian Nurses Training College was indeed a daunting task for me due to multiple setbacks and hindrances. Not performing well in a training college eventually put me into a vicious cycle, and coming out from it was an uphill battle. Firstly, English is not a national language of Ghana but rather an official language, so I struggled immensely with the second language. At the same time, I was observing my class fellows performing better than me, and having a strong grip over English subjected me to an inferiority complex that grew over time. The lack of confidence, insecurity, and a constant feeling of inadequacy further deteriorated my communication skills and social abilities, ultimately becoming the biggest factors in my development and growth. My poor communication skills created a widening gap where I could not communicate effectively with my peers, mentors, or instructors. It is said that “your perception is your reality,” Unfortunately, my perception was quite negative because of repetitive underperformance (White 56). I belong to a lower-class family, and being the elder member of the household, I had to contribute effectively to make ends meet. Though, it is still hard for me to manage the educational expense.

For quite a long time, I did not realize my weaknesses back in training college, and this lack of self-awareness was due to the basic fact that I never conducted self-assessment. When I became aware of my strengths and weaknesses, I decided to work on them effectively by adopting coping strategies. To improve my English, I started watching medical/nursing shows

such as *Nurse Jackie*, *Mash*, *St. Elsewhere*, *General Hospital*, and *Grey's Anatomy*, which increased my mainstream nursing knowledge and drastically improved my listening and reading skills. Apart from shows, I also read multiple nursing books such as *Martin Chuzzlewit*, *Testament of Youth*, *The Language of Kindness*, and *One Pair of Feet*, etc. To improve my communication skills, I volunteered in community programs in Ghana, which allowed me to interact with people of varying demographics. After my communal engagement, I realized that my long-lasting insecurities and imaginative deficiencies affected my career trajectory. Today, I feel empowered, confident, resilient, and agile, and my steady personal growth has shaped me into a better human being ready to make a difference in this privileged career.

Getting a scholarship at Aspen University has been my long-standing dream. It will allow me to thoroughly reflect upon my skill sets and abilities and shape my career roadmap. By getting hands-on experience regarding professional development and multifarious associated issues (social, cultural, and economic), I will be in a better position to deliver patient care efficiently. Back in my training in college, I did not learn about novel patient care strategies that are tailored to patients' needs and further backed by scientific evidence. By understanding the applicability of evidence-based practice, my learning horizon will expand owing to continuing nursing education. A study by the American Association of Colleges of Nursing (AACN) found that BSN-prepared nurses were more able in twelve of sixteen safety and quality standards. Further, hospitals equipped with BSN nurses had significantly lower mortality rates even in acute health conditions such as deep vein thrombosis, congestive heart failure, and pulmonary embolism, among others. Considering my hardships and struggle, I believe Aspen University will consider me for the scholarship program.

Works Cited

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